



State of New Jersey

GOVERNOR'S COUNCIL ON ALCOHOLISM AND DRUG ABUSE  
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PHILIP D. MURPHY  
Governor

SHEILA Y. OLIVER  
Lt. Governor

NEIL VAN ESS  
Acting Chairman

CELINA LEVY  
Executive Director

RESOLUTION

Recognizing the Month of September 2022 as  
"Suicide Prevention Awareness Month" in New Jersey

September 20, 2022

**WHEREAS, #BeThe1To** is the 988 Suicide & Crisis Lifeline's message for *National Suicide Prevention Month* and beyond, which helps spread the word about actions we can all take to prevent suicide, with the Lifeline network and its partners working to change the conversation from suicide, to suicide prevention, to actions that can promote healing, help and give hope; and

**WHEREAS**, the new 988 Suicide & Crisis Lifeline, a free, confidential 24/7 phone line, connects individuals in crisis with trained counselors across the United States, and you don't have to be suicidal or in crisis to call the Lifeline, that people call to talk about lots of things such as disordered substance use, economic worries, relationships, sexual identity, illness, getting over abuse, depression mental and physical illness, and loneliness; and

**WHEREAS**, according to SAMHSA, someone dies from suicide every 11 minutes, and for the first time in recent generations, life expectancy is decreasing due to suicide; and

**WHEREAS, National Suicide Prevention Week**, from September 4<sup>th</sup> – September 10<sup>th</sup>, is a time to share resources and stories, and promote suicide prevention awareness; and

**WHEREAS, World Suicide Prevention Day is September 10**, a time to remember those affected by suicide, to raise awareness, combat stigma, and focus efforts on directing treatment to those who need it most; and

**WHEREAS**, suicide is preventable, and New Jersey provides many suicide prevention resources including NJ Suicide Prevention Hopeline, 2<sup>nd</sup> Floor, Crisis Text Line, Mental Health Cares, National Suicide Prevention Lifeline, Vet2Vet, and Cop2Cop.

**NOW THEREFORE BE IT RESOLVED** that the Governor's Council on Alcoholism and Drug Abuse hereby recognizes the month of September 2022 as "Suicide Prevention Awareness Month" in New Jersey.

**BE IT FURTHER RESOLVED** that copies of this resolution shall be transmitted to Governor Phil Murphy; the New Jersey Legislature; the Division of Mental Health and Addiction Services; the Department of Children and Families; County Alcoholism and Drug Abuse Directors; County Mental Health Administrators, and County Alliance Coordinators.

Neil Van Ess, Acting Chairman

September 20, 2022

Date