



# State of New Jersey

DEPARTMENT OF THE TREASURY  
DIVISION OF PENSIONS AND BENEFITS  
P. O. Box 295

TRENTON, NEW JERSEY 08625-0295  
Telephone (609) 292-7524 / Facsimile (609) 777-1779  
TRS 711 (609) 292-6683  
[www.nj.gov/treasury/pensions](http://www.nj.gov/treasury/pensions)

ELIZABETH MAHER MUOIO  
*State Treasurer*

JOHN D. MEGARIOTIS  
*Acting Director*

PHILIP D. MURPHY  
*Governor*

SHEILA Y. OLIVER  
*Lt. Governor*

September 2022

**TO:** State Biweekly and State Monthly Certifying Officers, Human Resource Directors, and Benefits Administrators

**FROM:** New Jersey Division of Pensions & Benefits (NJDPB)

**SUBJECT: Plan Year 2023 State Health Benefits Program (SHBP) Open Enrollment**

The State Health Benefits Program (SHBP) Open Enrollment period for State Biweekly and State Monthly employees begins on October 1, 2022, and ends on October 31, 2022.

Open Enrollment allows employees to make general changes (adding or deleting dependents, changing coverage levels, etc.) or enroll in a different medical or dental plan. All changes to coverage made during this Open Enrollment period will be effective on December 31, 2022, for State Biweekly employees, and January 1, 2023, for all other employees.

## ONLINE ENROLLMENT THROUGH MYNJBENEFITSHUB

All health benefit elections must be submitted online through [mynjbenefitshub](http://mynjbenefitshub). Employees should review their Benefits Summary for accuracy even if they are not making any changes during the Open Enrollment period. It is essential that we have accurate mailing and email addresses on file so members can receive important information.

Employees will have until October 31, 2022, to submit their elections and upload new dependent documentation through [mynjbenefitshub](http://mynjbenefitshub). Enrollments that require documentation (e.g., adding a dependent), must be certified by the employer. Enrollments to change plans will not require certification. Employers must certify medical and/or dental enrollments **no later** than November 11, 2022, to ensure processing for the start of the 2023 plan year.

## MEDICAL PLANS

The medical plans available to State employees for Plan Year 2023 are:

- **Tiered-Network Plan:** Horizon OMNIA Health Plan
- **PPO Plans:** NJ DIRECT/NJ DIRECT 2019;\* CWA Unity DIRECT/CWA Unity DIRECT 2019;\*\* NJ DIRECT15; NJ DIRECT1525; NJ DIRECT2030; NJ DIRECT2035;
- **HMO Plan:** Horizon HMO
- **High Deductible Health Plans:** NJ DIRECT HD1500; NJ DIRECT HD4000

*\* Members hired prior to July 1, 2019, will be enrolled in NJ DIRECT. Members hired after July 1, 2019, will be enrolled in NJ DIRECT 2019.*

*\*\*For CWA members only. Members hired prior to July 1, 2019, will be enrolled in CWA Unity DIRECT. Members hired after July 1, 2019, will be enrolled in CWA Unity DIRECT 2019.*

### **COPAY INCREASES FOR 2023**

The specialist office visit copayment for State active members enrolled in the CWA Unity DIRECT, CWA Unity DIRECT 2019, NJDIRECT, and NJ DIRECT 2019 PPO plans, the HMO plans, and the Tiered Network plan shall be \$15 more than the co-payment for a primary care office visit. Urgent Care visits shall be \$30 more than the co-payment for a primary care visit.

Medical plan and prescription drug plan rates for 2023 were approved by the State Health Benefits Commission. Rate charts are being finalized and will be posted to the NJDPB website for the Open Enrollment at: [www.nj.gov/treasury/pensions/hb-active-shbp.shtml](http://www.nj.gov/treasury/pensions/hb-active-shbp.shtml)

### **INCENTIVE PROGRAM FOR THE TIERED NETWORK PLAN**

The Incentive Program for Horizon OMNIA is again extended for State employees. The program offers a financial incentive of \$1,000 to first-time enrollees who remain enrolled for one year for all coverage levels (i.e., Single, Member and Spouse, Parent and Child, or Family coverage). The incentive is paid by gift card no later than the end of the current tax year and is deemed reportable income for tax purposes. The incentive shall be forfeited and returned to the SHBP if the subscriber fails to remain enrolled in the Tiered-Network Plan for at least one plan year. This program does not extend to children over the age of 26 or COBRA members.

### **TYPE AND LEVEL OF COVERAGE**

Members whose employers have a prescription plan through the SHBP will not be able to select different levels of Medical and Prescription Plan Coverage. For example, a member may not elect to have Single Medical coverage and Member/Spouse Prescription coverage. The level of coverage must be the same for both plans.

Members also must elect to enroll in both Medical and Prescription. If a member wishes to waive coverage, both Medical and Prescription coverage must be waived. See the "Waiving SHBP Coverage" section for more information.

### **VIRTUAL BENEFITS FAIR**

The Virtual Benefits Fair opened September 15, 2022, and will be available through the Open Enrollment period. Employees can visit vendor booths to learn about their plan options, additional free benefits offered by our SHBP partners, and enter for a chance to win prizes.

### **MEMBERSHIP TO DIRECT PRIMARY CARE MEDICAL HOME DOCTOR'S OFFICE INCLUDED IN SHBP AT NO ADDITIONAL COST**

The SHBP offers employees and their covered dependents the opportunity to join a Direct Primary Care doctor's office at no additional cost. This is available as part of the Horizon plans and does not require any changes to members' health plan elections.

More information regarding Direct Primary Care Medical Homes can be found on our website: [www.nj.gov/treasury/pensions/dpcmh.shtml](http://www.nj.gov/treasury/pensions/dpcmh.shtml)

## DENTAL PLANS

There are no dental plan changes for Plan Year 2023. Dental coverage is offered to eligible employees through the Employee Dental Plans. Six different dental plans are offered based on one of two different plan designs — Dental Plan Organizations (DPO) and a Dental Expense Plan (DEP).

- Five **DPOs** are available: Aetna DMO; CIGNA DHMO; Healthplex; Horizon Dental Choice; and MetLife.

DPOs contract with a network of providers for dental services. When an employee or dependent uses a DPO dentist, diagnostic and preventive services are covered in full. Most other eligible expenses require a small copayment. Members must use a provider that participates with the selected DPO to receive coverage. Be sure to confirm that the dentist or dental facility is taking new patients and participates with the SHBP Employee Dental Plans, since DPOs also service other organizations.

- The **Dental Expense Plan** is a Preferred Provider Organization (PPO) plan that allows members to obtain services from any dentist; however, using an in-network provider will reduce an employee's costs. After satisfying an annual deductible (no deductible for preventive services), members are reimbursed a percentage of the reasonable and customary charges for eligible services.

The employee cost for coverage under a dental plan is 50 percent of the actual dental plan premium. Therefore, the employee cost varies depending on which dental plan an employee chooses; however, the rate for coverage under a DPO remains considerably less expensive than the Dental Expense Plan.

Dental Plan Rates for 2023 were approved by the State Health Benefits Commission. Rate charts are being finalized and will be posted to the NJDPB website for the Open Enrollment at: [www.nj.gov/treasury/pensions/hb-active-shbp.shtml](http://www.nj.gov/treasury/pensions/hb-active-shbp.shtml)

## 2023 PLAN OVERVIEWS

The SHBP 2023 Plan Overviews provided by Horizon contain a side-by-side view of the basic benefits, copayments, and other out-of-pocket costs for the SHBP medical and prescription drug plans. The 2023 Plan Overviews can be found on the NJDPB website at: [www.nj.gov/treasury/pensions/hb-active-shbp.shtml](http://www.nj.gov/treasury/pensions/hb-active-shbp.shtml)

## SUMMARIES OF BENEFITS AND COVERAGE

Detailed information about the SHBP's medical plans is available through the *Summaries of Benefits and Coverage*. A link to the 2023 summaries can be found on the NJDPB website at: [www.nj.gov/treasury/pensions/hb-active-shbp.shtml](http://www.nj.gov/treasury/pensions/hb-active-shbp.shtml)

A direct mailing will be sent to all SHBP members to announce the availability of the summaries; however, employers also are asked to provide notice of this information to their employees. A sample of the mailer is included with this letter.

## NJWELL PROGRAM

NJWELL provides inclusive and holistic experiences to meet members' needs through activities and education programming to support healthy lifestyles. NJWELL is open to employees who are

enrolled in the SHBP. Spouses and eligible partners also can participate, as long as they are covered by the SHBP plan. Participants have access to specialized programming and benefits, including live wellness events, fitness challenges, and online wellness platforms tailored to their unique needs. Participants can also earn up to a possible \$350 in rewards based on points earned from participation in NJWELL. The current NJWELL 2022 Plan Year will be coming to a close on October 31, 2022. Watch your email for upcoming information about NJWELL in 2023. For information about the program, visit the NJWELL website at: [www.nj.gov/njwell](http://www.nj.gov/njwell)

## **EMPLOYEE CONTRIBUTIONS FOR SHBP COVERAGE**

Percentage of salary contribution rates have increased for 2023. Pursuant to Pension and Health Benefit Reform (P.L. 2011, c. 78) and with the expiration, renewal, or extension of collective negotiations agreements, employees must pay a percentage of the cost of the medical and prescription plans, except for those listed below:

1. Members participating in the CWA Unity DIRECT plan and the NJ DIRECT plan will contribute a percentage of their salary toward the cost of benefits.
2. Members participating in a Tiered Network plan will contribute 75 percent of the CWA Unity DIRECT/NJ DIRECT contribution rates in #1 above.

Percentage of salary and percentage of premium contribution worksheets for 2023 are available on the NJDPB website at: [www.nj.gov/treasury/pensions/hb-active-shbp.shtml](http://www.nj.gov/treasury/pensions/hb-active-shbp.shtml)

## **WAIVING SHBP COVERAGE**

State employees are permitted to waive SHBP medical and prescription coverage and avoid the required employee contribution. State employees can elect to waive coverage at any time via [mynjbenefitshub](http://mynjbenefitshub) or during Open Enrollment.

**Note:** Yearly waivers are not required. Employees who have already waived coverage do not need to elect to waive each Open Enrollment period

## **PAYROLL DEDUCTIONS AVAILABLE FOR HDHP PARTICIPANTS**

Employees participating in one of the High Deductible Health Plans (HDHP) are able to use tax-deferred contributions from their paychecks to fund their Health Savings Account (HSA). If one of your employees chooses to enroll in one of the High Deductible plans, an application and separate contribution form are required to enroll in an HSA. The application and form are available on the NJDPB website at: [www.nj.gov/treasury/pensions/hb-active-shbp.shtml](http://www.nj.gov/treasury/pensions/hb-active-shbp.shtml)

## **PLAN MARKETING CONTACTS**

Included with this letter is a listing of employer marketing contacts for the medical and dental plans. Your Human Resources staff, Benefits Administrators, or any other staff members responsible for the communication and administration of health benefits for your employees can use these contacts to obtain plan-specific information and literature for your employees.

**Note:** These telephone numbers are not for member services. Please do not distribute them to your employees. Phone numbers and website contacts for employees are provided on the NJDPB website: [www.nj.gov/treasury/pensions/hb-active-contacts.shtml](http://www.nj.gov/treasury/pensions/hb-active-contacts.shtml)

### **ADDITIONAL INFORMATION**

The NJDPB thanks you for your assistance with forwarding the information and materials needed to make Open Enrollment a successful and beneficial experience for your employees.

If you have any questions about the SHBP Open Enrollment or the information in this letter, please contact our Office of Client Services at (609) 292-7524 or send an email to: [pensions.nj@treas.nj.gov](mailto:pensions.nj@treas.nj.gov)

Enclosures  
*Plan Marketing Contacts*  
*Sample SBC Mailer*