# State of New Jersey Medicare plan

**SEHBP Trend Update** 

November 2024





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## State of New Jersey: SEHBP

#### 2024 YTD Executive Summary

Paid trend through September medical trend is 8.5% and <1% higher than overall SONJ result. From a medical cost category perspective, Inpatient is a top driver with 15% trend driven by increasing admissions which aligns with similar trends across all Medicare populations in 2024. MedRx trend is 11.1% compared to overall SONJ total of 12.3% suggesting less severe or complicated conditions. On average 50% of MedRx costs are chemotherapy/cancer treatments and accounted for nearly 60% of category trend.



8.5%

Increasing Trend Sept '24 vs. Sept '23

SONJ = 7.8%

\$1,090

Sept paid **PMPM** 

SONJ = \$1,095

\$86

PMPM Change Sept '24 vs. Sept '23 59%

**SEHBP** is 59% of paid claims and 59% of SONJ membership



8.4%

Ambulatory Facility trend driven by increasing cost & utilization.

SONJ = 8.1%

15.0%

Inpatient trend driven by increasing utilization.

SONJ = 12.8%

11.1%

MedRx trend driven by increasing utilization.

SONJ = 12.3%

4.3%

Specialist trend driven by increasing utilization.

SONJ = 3.5%



## State of New Jersey: SEHBP

### 2024 YTD Executive Summary by Medical Cost Category



8.4%

Ambulatory Facility trend driven by increasing cost & utilization.

SONJ = 8.1%

15.0%

Inpatient trend driven by increasing utilization.

SONJ = 12.8%

11.1%

MedRx trend driven by increasing utilization.

SONJ = 12.3%

4.3%

Specialist trend driven by increasing utilization.

SONJ = 3.5%



- MSK procedures (ie – joints, back) are top cost driver with PMPM trend of 10%
- Cardiac procedures (ie – pacemakers) are running at 6% PMPM trend

- Cardiac, MSK and Infectious Disease are top drivers by Major Diagnostic Category
- Septicemia ranks first in PY and CY for top DRG cost driver as trend was nearly 40% with longer and costlier admits
- 20 members exceeded \$200k in CY. PY was 12 members

- Oncologic treatments are consistently top cost driver with 47% of expenses
- Other top cost drivers treat osteoporosis, eye disorders and anemia, all common among Medicare populations
- Timed visits are top cost driver impacted by increased reimbursements from CMS YOY
- Physical Therapy/Rehab was 2<sup>nd</sup> ranked driver but YOY PMPM trend was small. Costs are 18% of total



