# Optum Rx® School Employees Health Benefits Program

State of New Jersey
Pharmacy Trend Update

January 21, 2025

# **Agenda**

- 1. Introductions
- 2. Trend Overview
- 3. Commercial Update
- 4. Obesity Condition Insights
- 5. Optum Rx Weight Engage
- 6. Appendix

# **Optum Rx Attendees**



# **Pharmacy Trend Overview**

- Pharmacy trend is measured by the Plan's Year-over-Year (YoY) Per Member Per Month (PMPM) costs.
- Optum Rx measures four primary Drug Trend drivers to help identify areas of opportunity and make appropriate trend mitigation recommendations:
  - Utilization
  - > Cost
  - Drug Mix
  - Member Contribution
- Traditional and Specialty Drug Trend is measured separately to determine the primary trend drivers for each category of drugs.
- Disease states and top drugs are ranked and reviewed by spend and contribution to trend.

# **Commercial Spend**

Total Rxs

CURRENT
1,171,537

PREVIOUS
1,145,247

PERCENT CHANGE
2.3%

Total plan paid

CURRENT
\$351,021,984

PREVIOUS
\$303,983,224

PERCENT CHANGE
15.5%

CURRENT
120,353
PREVIOUS
124,084
PERCENT CHANGE
-3.0%



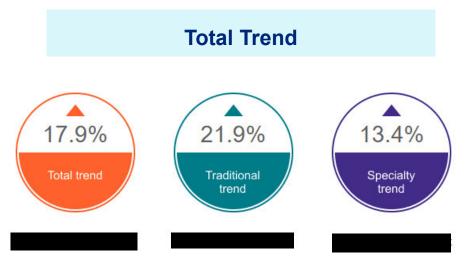
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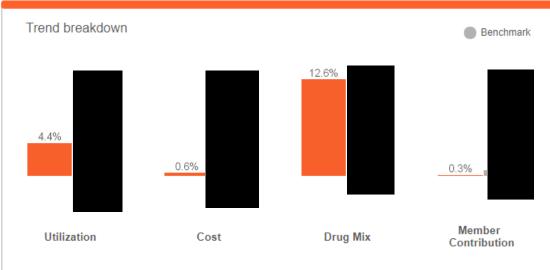
# Net financial PMPM performance

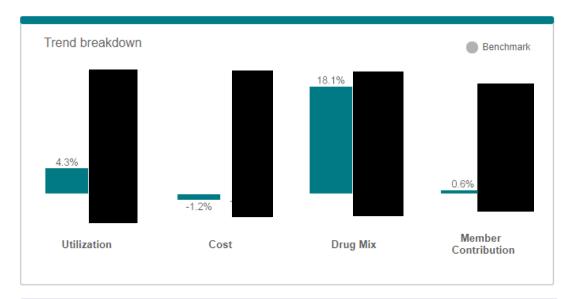
	Drug cost	Member Paid	Plan Paid	Rebates	Net plan paid
Traditional	\$160.49	\$6.59	\$153.91		
Specialty	\$129.83	\$1.76	\$128.07		
Total	\$290.33	\$8.35	\$281.97		

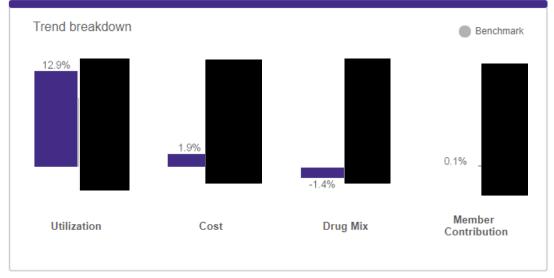


# **Commercial Trend**



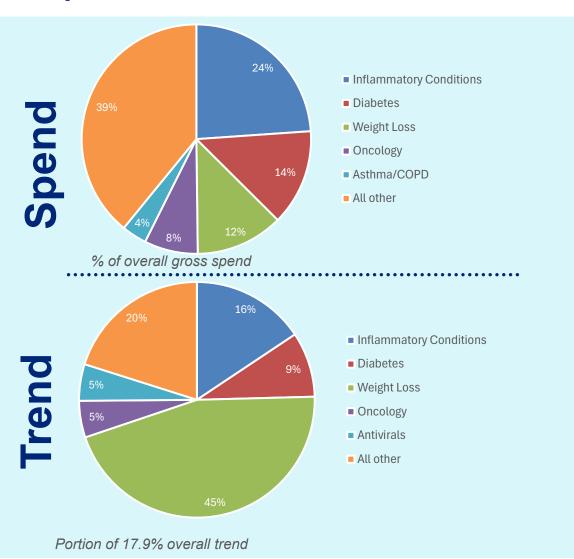


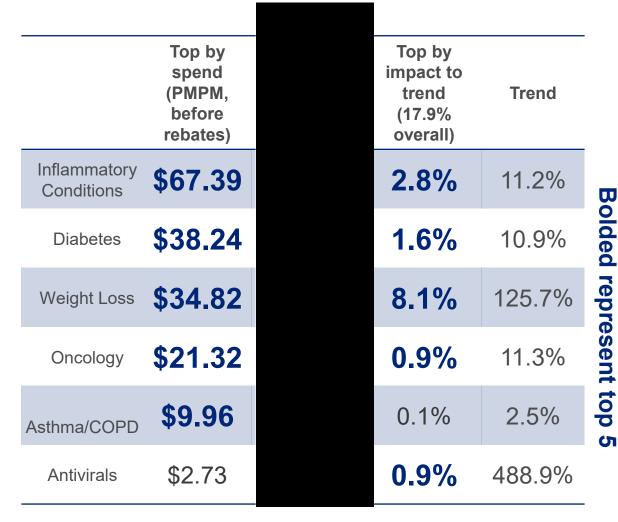






# **Top Disease States – Commercial**





Source: Jan-Sept 2023 vs. Jan-Sept 2024; Total Plan Paid PMPM before Rebates; Trend is net of rebates SONJ Commercial iQPR

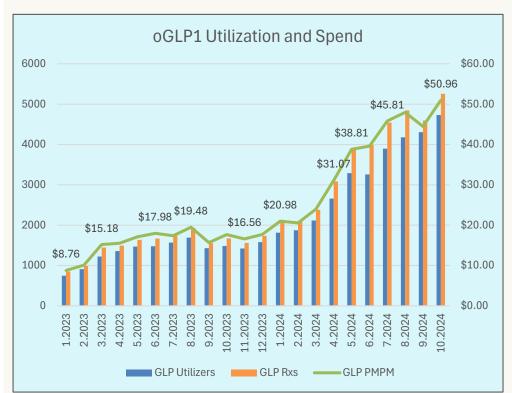


# **Top Drugs – Commercial**

Rank	Drug Name	Therapy Class	Plan Paid PMPM CP	Total Plan Paid CP	Total Plan Paid PP	Utilizers CP	Utilizers PP	RXs CP	RXs PP	PMPM Trend	Top Driver
1	WEGOVY	GLP-1 Anti- Obesity	\$27.36	\$34,058,909	\$16,700,291	5,122	3,269	23,354	11,642	108.2%	Utilization
2	HUMIRA PEN	Chronic Inflammatory Disease	\$12.59	\$15,666,850	\$17,871,346	298	328	1,532	1,731	-10.5%	Utilization
3	OZEMPIC	GLP-1 Diabetes	\$11.41	\$14,199,879	\$10,753,020	2,442	2,162	9,727	7,656	34.8%	Utilization
4	STELARA	Chronic Inflammatory Disease	\$9.60	\$11,953,213	\$13,362,505	130	139	497	567	-8.7%	Utilization
5	MOUNJARO	GLP-1 Diabetes	\$9.03	\$11,238,056	\$5,216,579	1,766	950	8,584	4,282	119.9%	Utilization
6	DUPIXENT	Chronic Inflammatory Disease	\$8.36	\$10,403,685	\$7,883,002	462	381	2,810	2,257	34.7%	Utilization
7	ZEPBOUND	GLP-1 Anti- Obesity	\$6.86	\$8,536,309		2,246		7,843			
8	SKYRIZI PEN	Chronic Inflammatory Disease	\$4.79	\$5,965,310	\$3,682,494	125	81	301	197	65.4%	Utilization
9	JARDIANCE	SGLT-2 Inhibitors & Combos	\$4.39	\$5,468,008	\$4,765,688	1,451	1,316	4,242	3,814	17.1%	Utilization
10	RINVOQ	Chronic Inflammatory Disease	\$3.71	\$4,624,327		120		640		85.2%	Utilization

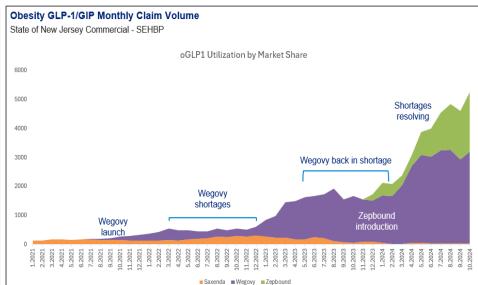


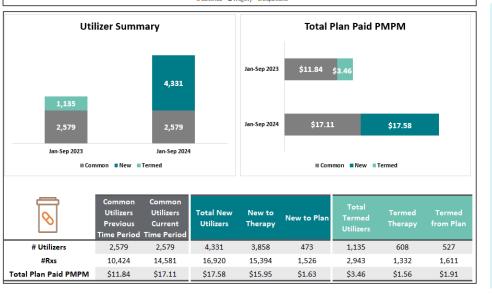
# **Obesity Conditions Insights**



Jan-Sept 2023 v Jan-Sept 2024

- Utilizers increased 121%
- Plan Spend Increased 121%







- oGLP1 Utilization steady from May 2023-Feb 2024
- Utilization increases begin March 2024
- Wegovy utilization levels May-Oct 2024
- Category growth due to new utilization of Zepbound
- 11% of Utilizers are considered New Starts each month
- 3% of Utilizers are considered Restarts each month
- 67.1% of members discontinue within 1 year



# **Appendix**



## **Key Performance Indicators – State of New Jersey Quarterly Review**

Date Submitted: Jan 2024 - Jun 2024

\$246.36
Plan Paid PMPM
SEHBP Actives

\$355.63
Plan Paid PMPM
SEHBP Early Retirees

\$667.89

Plan Paid PMPM

**SEHBP EGWP Retirees** 

Q2 2023 YOY % Change \$210.66 16.9% Plan Paid PMPM **SEHBP Actives SEHBP Actives** \$318.00 11.8% Plan Paid PMPM Plan Paid PMPM SEHBP Early Retirees **SEHBP Early Retirees** \$595.53 12.2% Plan Paid PMPM Plan Paid PMPM **SEHBP EGWP Retirees** SEHBP EGWP Retirees

### Specialty/Traditional

Claim Type	SEHBP	SEHBP	SEHBP	
Claim Type	Actives	Early Retirees	EGWP Retirees	
Traditional	\$130.62	\$195.56	\$365.46	
Specialty	\$115.74	\$160.07	\$302.43	
All Drugs	\$246.36	\$355.63	\$667.89	



Q2 2024

# **EGWP Spend**

Total Rxs

CURRENT

3,012,571

**PREVIOUS** 

2,913,031

PERCENT CHANGE

3.4%

Total plan paid

CURRENT

\$863,275,003

**PREVIOUS** 

\$758,547,368

PERCENT CHANGE

13.8%

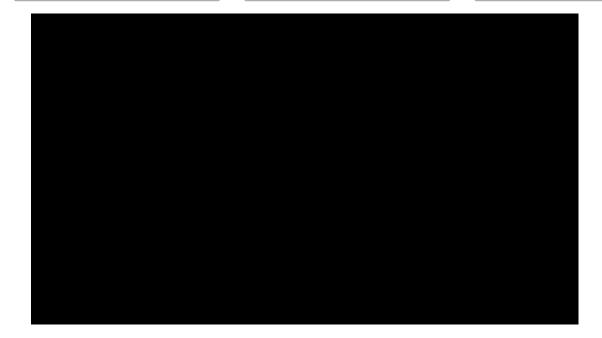
Utilizers

CURRENT
139,295

PREVIOUS
137,954

PERCENT CHANGE
1.0%

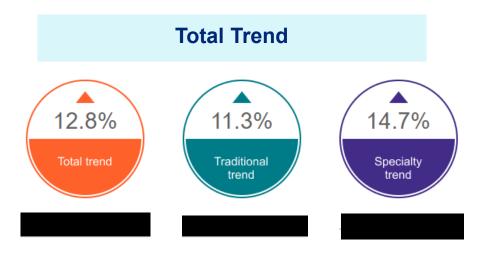


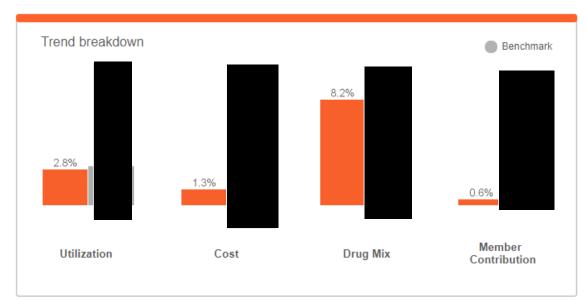


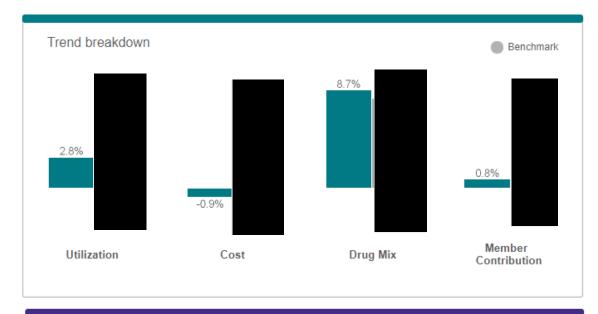


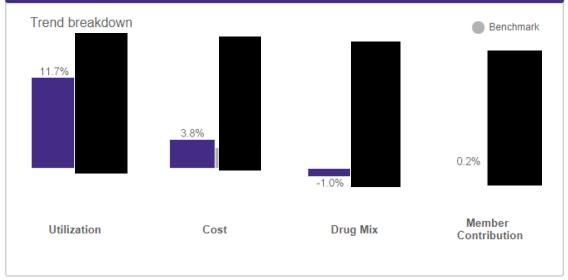


# **EGWP Trend**





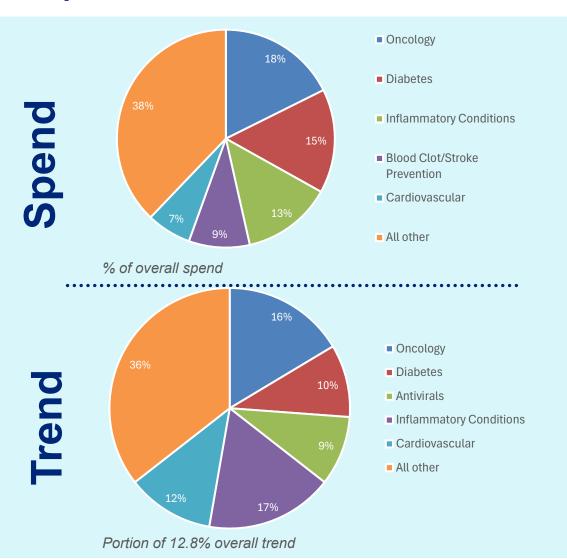






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# **Top Disease States – EGWP**







# **Top Drugs – EGWP**

Rank	Drug Name	Therapy Class	Plan Paid PMPM CP	Total Plan Paid CP	Total Plan Paid PP	Utilizers CP	Utilizers PP	RXs CP	RXs PP	PMPM Trend	Top Driver
1	ELIQUIS	Oral Anticoagulants	\$44.62	\$56,331,318	\$47,405,574	14,223	12,995	51,251	46,385	17.8%	Utilization
2	OZEMPIC	GLP-1 Diabetes	\$23.50	\$23,692,222	\$21,367,835	4,806	3,688	17,402	12,795	37.7%	Utilization
3	VYNDAMAX	Transthyretin Stabilizers	\$17.88	\$22,573,618	\$15,617,409	136	107	1,024	759	43.3%	Utilization
4	XARELTO	Oral Anticoagulants	\$14.10	\$17,796,384	\$17,042,690	4,533	4,717	15,455	15,554	3.5%	Cost
5	FARXIGA	SGLT-2 Inhibitors Combos	\$13.69	\$17,285,108	\$13,267,038	4,596	3,802	14,488	11,530	29.2%	Utilization
6	MOUNJARO	GLP-1 Diabetes	\$13.42	\$16,945,858	\$5,135,947	2,545	974	11,433	4,246	227.1%	Utilization
7	JARDIANCE	SGLT-2 Inhibitors Combos	\$13.27	\$16,755,068	\$11,031,880	4,286	2,995	13,182	9,008	50.6%	Utilization
8	HUMIRA PEN	Chronic Inflammatory Disease	\$13.00	\$16,412,281	\$15,025,081	302	301	2,114	1,978	8.3%	Utilization
9	STELARA	Chronic Inflammatory Disease	\$12.37	\$15,620,458	\$13,811,664	137	143	630	589	12.1%	Cost
10	XTANDI	Oncology	\$10.02	\$12,654,657	\$10,947,187	166	139	985	896	14.6%	Utilization



# Optum Rx Weight Engage behavior change programs

Sustained weight loss approach helps members achieve and maintain weight loss goals through behavior modification, diet and exercise planning and medications.

# Strategic benefit planning and utilization management



Evaluate the benefit to help manage access and drug costs



Flexibility to apply standard or risk-stratified utilization management strategy

Empower people to take ownership of their health and support them on their journey to maintain a healthier weight.

### O virta **Nutrition first Provider** Tailored nutrition therapy, behavioral support and responsible prescribing guidance More cost control Calibrate **Medication focused** leveraging participating provider expertise Obesity-trained physicians guide members to the right medication Member Digital group coaching Real Appeal'R support Coaching, medication-specific education **Open GLP-1 access** and progress tracking backed by education and coaching



