# **Optum** Rx<sup>®</sup>

# State Health Benefits Program

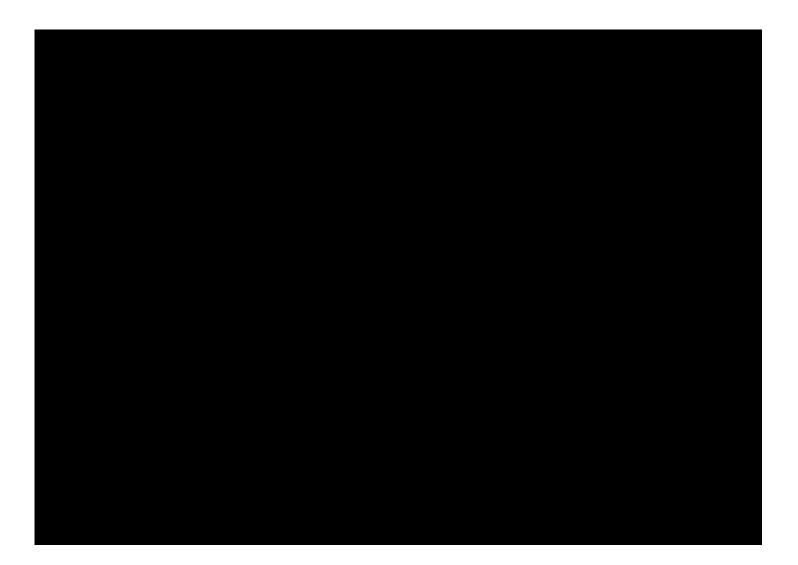
State of New Jersey Pharmacy Trend Update

January 8, 2025

### Agenda

- 1. Introductions
- 2. Trend Overview
- 3. Commercial Update
- 4. Obesity Condition Insights
- 5. Appendix

#### **Optum Rx Attendees**



# **Pharmacy Trend Overview**



Pharmacy trend is measured by the Plan's Year-over-Year (YoY) Per Member Per Month (PMPM) costs.



Optum Rx measures four primary Drug Trend drivers to help identify areas of opportunity and make appropriate trend mitigation recommendations:

- Utilization
- > Cost
- > Drug Mix
- Member Contribution



Traditional and Specialty Drug Trend is measured separately to determine the primary trend drivers for each category of drugs.

Disease states and top drugs are ranked and reviewed by spend and contribution to trend.

# **Commercial Spend**

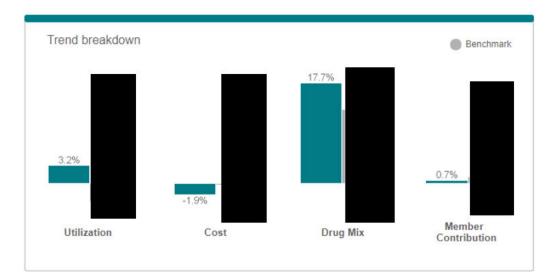


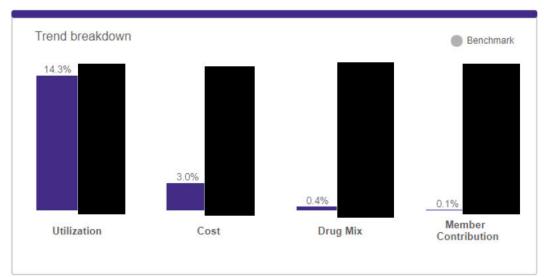
#### Net financial PMPM performance

|             | Drug cost | Member Paid | Plan Paid | Rebates | Net plan paid |
|-------------|-----------|-------------|-----------|---------|---------------|
| Traditional | \$162.80  | \$7.11      | \$155.68  |         |               |
| Specialty   | \$114.62  | \$2.30      | \$112.32  |         |               |
| Total       | \$277.42  | \$9.41      | \$268.01  |         |               |

# **Commercial Trend**







# **Top Disease States – Commercial**



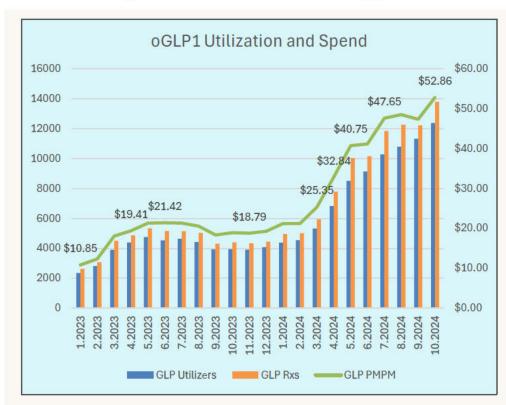
SONJ Commercial iQPR

# **Top Drugs – Commercial**

| Rank | Drug Name      | Therapy<br>Class                   | Plan Paid<br>PMPM CP | Total Plan<br>Paid CP | Total Plan<br>Paid PP | Utilizers<br>CP | Utilizers<br>PP | RXs CP | RXs PP | PMPM Trend | Top Driver  |
|------|----------------|------------------------------------|----------------------|-----------------------|-----------------------|-----------------|-----------------|--------|--------|------------|-------------|
| 1    | WEGOVY         | GLP-1 Anti-<br>Obesity             | \$30.38              | \$95,891,295          | \$50,649,185          | 14,378          | 9,440           | 64,321 | 34,887 | 95%        | Utilization |
| 2    | HUMIRA<br>PEN  | Chronic<br>Inflammatory<br>Disease | \$13.13              | \$41,446,064          | \$44,926,311          | 739             | 813             | 3,748  | 4,204  | -5.0%      | Utilization |
| 3    | OZEMPIC        | GLP-1<br>Diabetes                  | \$12.94              | \$40,836,403          | \$32,025,235          | 7,074           | 6,326           | 27,374 | 6,326  | 31.3%      | Utilization |
| 4    | MOUNJARO       | GLP-1<br>Diabetes                  | \$11.18              | \$35,296,849          | \$15,875,563          | 5,522           | 2,944           | 25,606 | 12,918 | 129%       | Utilization |
| 5    | STELARA        | Chronic<br>Inflammatory<br>Disease | \$10.59              | \$33,433,703          | \$29,569,384          | 326             | 335             | 1,353  | 1,284  | 16.5%      | Cost        |
| 6    | DUPIXENT       | Chronic<br>Inflammatory<br>Disease | \$7.77               | \$24,514,130          | \$18,860,800          | 1,175           | 989             | 6,675  | 5,411  | 33.9%      | Utilization |
| 7    | JARDIANCE      | SGLT-2<br>Inhibitors<br>Combos     | \$5.55               | \$17,524,436          | \$16,000,154          | 4,697           | 4415            | 13,957 | 4,415  | 12.8%      | Utilization |
| 8    | ZEPBOUND       | GLP-1 Anti-<br>Obesity             | \$5.15               | \$16,259,003          |                       | 4,966           |                 | 14,603 |        |            |             |
| 9    | SKYRIZI<br>PEN | Chronic<br>Inflammatory<br>Disease | \$4.71               | \$14,860,754          | \$9,903,095           | 294             | 222             | 739    | 532    | 54.5%      | Utilization |
| 10   | TALTZ          | Chronic<br>Inflammatory<br>Disease | \$3.40               | \$10,725,407          | \$9,899,112           | 231             | 230             | 1,306  | 1,253  | 11.6%      | Utilization |

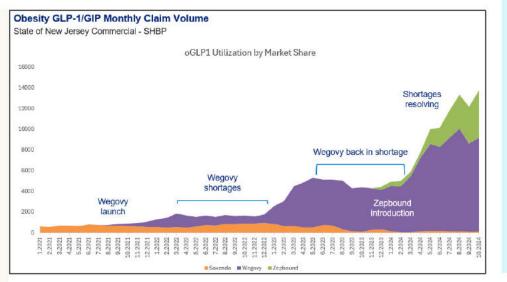


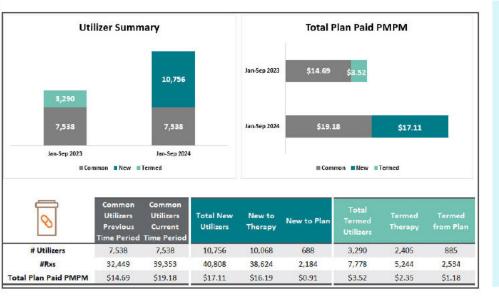
# **Obesity Conditions Insights**



Jan-Sept 2023 v Jan-Sept 2024

- Utilizers increased 69%
- Plan Spend Increased 99%





oGLP1 Utilization steady from May 2023-Feb 2024

Utilization increases begin March 2024

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- Wegovy utilization levels May-Oct 2024
- Category growth due to new utilization of Zepbound
- 11% of Utilizers are considered New Starts each month
- 3% of Utilizers are considered Restarts each month
- 67.1% of members discontinue within 1 year

# Appendix



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### **Key Performance Indicators – SHBP**

# Q3 2024 Date Submitted: Jan 2024 - Sep 2024

| PMPM           | \$25<br>Plan Paid<br>SHBP        |                                      |             |
|----------------|----------------------------------|--------------------------------------|-------------|
| Plan Paid PMPM | \$34<br>Plan Paie<br>SHBP Ear    | <b>2.85</b><br>d PMPM<br>ly Retirees |             |
|                | \$72<br>Plan Pair<br>SHBP EGV    | H PMPM                               |             |
|                | \$250.78                         | \$254.69                             |             |
|                | State Active PMPM LG Active PMPM |                                      |             |
|                | \$348.80 \$336.45                |                                      |             |
|                | State ER PMPM                    | LG ER PMPM                           |             |
|                | \$715.12                         | \$732.57                             |             |
|                | State EGWP PMPM                  | LG EGWP PMPM                         | Freditional |

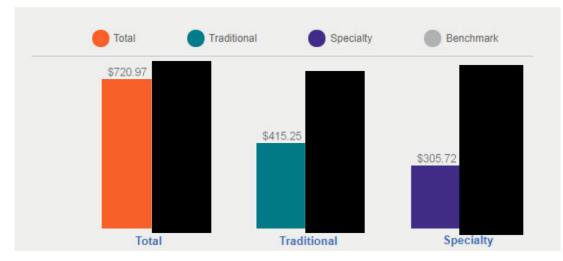
| Q3 2023                        |   | YOY % Chang            | e         |  |  |  |
|--------------------------------|---|------------------------|-----------|--|--|--|
| \$211<br>Plan Paid<br>SHBP A   | <b>19.</b><br>sнвр                                |                        |           |  |  |  |
| Plan Paid                      | \$287.91<br>Plan Paid PMPM<br>SHBP Early Retirees |                        |           |  |  |  |
| \$637<br>Plan Paid<br>SHBP EGW | РМРМ  | <b>13.</b><br>SHBP EGW |           |  |  |  |
| \$210.36                       | \$213.34  | 19.2%                  | 19.4%     |  |  |  |
| State Active PMPM              | LG Active PMPM                                    | State Active           | LG Active |  |  |  |
| \$293.31                       | \$282.28  | 18.9%                  | 19.2%     |  |  |  |
| State ER PMPM                  | LG ER PMPM  | State ER               | LG ER     |  |  |  |
| \$636.45                       | \$640.23  | 12.4%                  | 14.4%     |  |  |  |
| State EGWP PMPM                | LG EGWP PMPM                                      | State EGWP             | LG EGWP   |  |  |  |

#### Specialty/Traditional

| Claim Type  | SHBP<br>Actives | SHBP<br>Early Retirees | SHBP<br>EGWP Retirees |
|-------------|-----------------|------------------------|-----------------------|
| Traditional | \$146.27        | \$199.60               | \$415.25              |
| Specialty   | \$105.70        | \$143.25               | \$305.72              |
| All Drugs   | \$251.97        | \$342.85               | \$720.97              |

## **EGWP Spend**





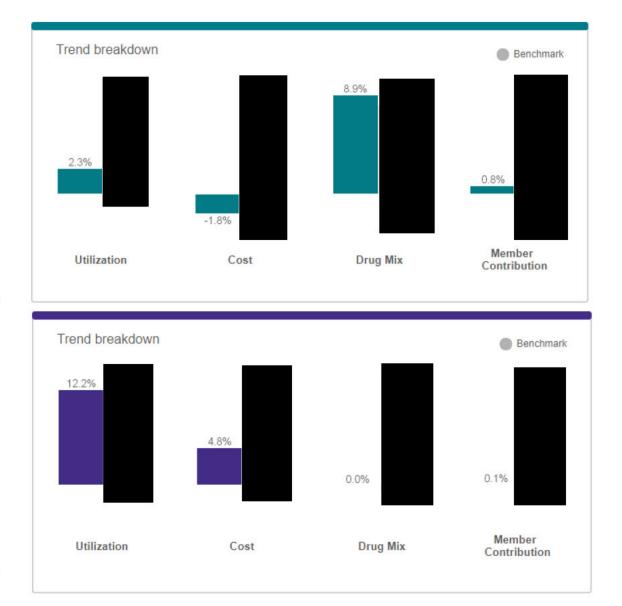




**Total Trend** 13.0% 10.2% Traditional trend Trend breakdown 9.2%

**EGWP Trend** 





### **Top Disease States – EGWP**



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Source: Jan-Sept 2023 vs. Jan-Sept 2024; Total Plan Paid PMPM before Rebates; 13 Trend is net of rebates SONJ EGWP iQPR

# **Top Drugs – EGWP**

| Rank | Drug Name          | Therapy<br>Class                   | Plan Paid<br>PMPM CP | Total Plan<br>Paid CP | Total Plan<br>Paid PP | Utilizers<br>CP | Utilizers<br>PP | RXs CP | RXs PP | PMPM Trend | Top Driver  |
|------|--------------------|------------------------------------|----------------------|-----------------------|-----------------------|-----------------|-----------------|--------|--------|------------|-------------|
| 1    | ELIQUIS            | Oral<br>Anticoagulant<br>s         | \$42.93              | \$34,256,243          | \$29,105,644          | 8,852           | 8,318           | 32,614 | 29,702 | 17.3%      | Utilization |
| 2    | OZEMPIC            | GLP-1<br>Diabetes                  | \$29.69              | \$23,692,222          | \$16,255,700          | 3,942           | 2,933           | 14,194 | 10,116 | 45.3%      | Utilization |
| 3    | JARDIANCE          | SGLT-2<br>Inhibitors<br>Combos     | \$16.94              | \$13,517,241          | \$8,869,884           | 3,529           | 2,519           | 10,865 | 7,481  | 51.9%      | Utilization |
| 4    | HUMIRA<br>PEN      | Chronic<br>Inflammatory<br>Disease | \$16.50              | \$13,169,678          | \$12,503,007          | 239             | 245             | 1,654  | 1,590  | 5.0%       | Utilization |
| 5    | FARXIGA            | SGLT-2<br>Inhibitors<br>Combos     | \$16.31              | \$13,016,880          | \$10,027,389          | 3,541           | 3,012           | 11,394 | 3,012  | 29.4%      | Utilization |
| 6    | MOUNJARO           | GLP-1<br>Diabetes                  | \$16.18              | \$12,912,115          |                       | 2,015           |                 | 8,496  |        | 243.5%     | Utilization |
| 7    | XARELTO            | Oral<br>Anticoagulant<br>s         | \$13.63              | \$10,876,925          | \$10,490,510          | 2,852           | 3,005           | 9,740  | 9,927  | 3.3%       | Cost        |
| 8    | VYNDAMAX           | Transthyretin<br>Stabilizers       | \$11.48              | \$9,160,421           | \$7,148,187           | 57              | 45              | 414    | 347    | 27.7%      | Utilization |
| 9    | TRELEGY<br>ELLIPTA | Inhaled<br>Asthma/COP<br>D Combo   | \$11.17              | \$8,909,116           | \$7,309,583           | 2,534           | 2,244           | 8,738  | 7,380  | 21.5%      | Utilization |
| 10   | JANUVIA            | DPP-4<br>Inhibitors &<br>Combos    | \$11.00              | \$8,777,375           | \$8,999,600           | 2,306           | 2,529           | 7,544  | 8,050  | -2.8%      | Utilization |

# **Optum Rx Weight Engage behavior change programs**

Sustained weight loss approach helps members achieve and maintain weight loss goals through behavior modification, diet and exercise planning and medications.

# Strategic benefit planning and utilization management



Evaluate the benefit to help manage access and drug costs

| 11 |  |
|----|--|
|    |  |
|    |  |

Flexibility to apply standard or risk-stratified utilization management strategy

Empower people to take ownership of their health and support them on their journey to maintain a healthier weight.

| Provider<br>guidance  | () virta                   | Nutrition first<br>Tailored nutrition therapy, behavioral<br>support and responsible prescribing |
|---|----------------------------|--|
| More cost control<br>leveraging participating<br>provider expertise           | Calibrate                  | Medication focused<br>Obesity-trained physicians guide<br>members to the right medication        |
| Member<br>support<br>Open GLP-1 access<br>backed by education<br>and coaching | Real Appeal R <sub>x</sub> | Digital group coaching<br>Coaching, medication-specific education<br>and progress tracking       |
|   |                            |  |

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# Thank you