



Using Communication to Improve Connectedness

Connecting meaningfully with others boosts our happiness and productivity. Join speaker Jenna Matthews to learn active listening, showing empathy, and how to stay curious.

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Wednesday, July 24

1 p.m. - 2 p.m.

[Register Now](#)

Space is limited.

Questions?

Member Services Has the Answers. Call 1-800-414-SHBP (7427).

