



# Create Your Own Happiness and Live Your Best Life

Explore ways you can create  
your own joy at work and home.

**Create Your Own Happiness  
and Live Your Best Life**

**Thursday, February 26**

**1:30 p.m. - 2:30 p.m.**

**Register Now**

**Space is limited.**

**Questions?**

Member Services Has the Answers. Call 1-800-414-SHBP (7427).

