



# Men's Health

This webinar, designed to teach men to be proactive with their health, discusses factors that impact men as they age, including good nutrition, age-appropriate exercises, preventative screenings, and more!

**Men's Health**  
**Wednesday, June 5**  
**12 p.m. - 1 p.m.**

**Register Now**

Space is limited.

**Questions?**

Member Services Has the Answers. Call 1-800-414-SHBP (7427).

