

# NJWELL Global Running Day Challenge

Wednesday, June 5, 2024

Experience the Benefits of Running



**JOIN US** for our Global Running Day Challenge! On this day, we encourage you to take strides toward a healthier and more active life while celebrating your love of running!

[Join The Challenge](#)

## How It Works

- Registration starts Wednesday, May 22.
  - Sign in to [HorizonBlue.com/shbp](https://HorizonBlue.com/shbp).
  - Select *Wellness*, then follow NJWELL prompts. Go to the Physically Fit Category to register.
- Track a minimum of 7,000 steps on June 5th.
- Complete the challenge to earn 50 points toward your NJWELL reward.

Earn \$250 or more with NJWELL!



NJWELL, administered by the New Jersey Division of Pensions and Benefits, is an incentive-based wellness program offered to eligible employees and their covered spouses/partners who participate in the SHBP/SEHBP. All provisions of the program are established by the Division and are subject to change. More details can be found on [nj.gov/njwell](https://nj.gov/njwell). Horizon Blue Cross Blue Shield of New Jersey is an independent licensee of the Blue Cross Blue Shield Association. The Blue Cross® and Blue Shield® names and symbols are registered marks of the Blue Cross Blue Shield Association. The Horizon® name and symbols are registered marks of Horizon Blue Cross Blue Shield of New Jersey. © 2024 Horizon Blue Cross Blue Shield of New Jersey, Three Penn Plaza East, Newark, New Jersey 07105.

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