

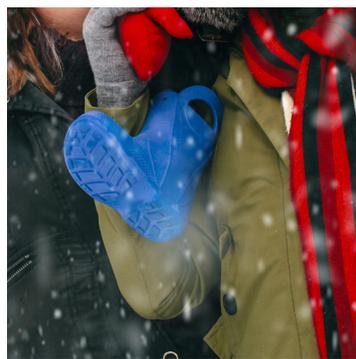
NJWELL Invitational Challenge



January 24, 2023 - February 28, 2023



5-Week Team Steps Challenge



Make a resolution you can keep – getting outside and having fun this winter! Join our challenge, where you can enjoy getting your steps in and earn points simultaneously.

Join The Challenge

You can also register and upload your steps by logging into the Wellness At Your Side (WAYS) app.

Earn \$250 or more with NJWELL!  

How It Works

- Register between January 11th and January 24th
- Sign in to HorizonBlue.com/shbp
- Select: *Wellness & Services*, then NJWELL. On the *My Health Manager* page, select *View Details*.
- On NJWELL Rewards page, select *Do It* button next to the Challenge under the *Socially Connected* category.
- Teams of five will be created
- Participants must complete 4 weeks out of the 5 to earn 50 NJWELL points.

Please talk to your doctor before beginning an exercise program.

NJWELL, administered by the New Jersey Division of Pensions and Benefits, is an incentive-based wellness program offered to eligible employees and their covered spouses/partners who participate in the SHBP/SEHBP. All provisions of the program are established by the Division and are subject to change. More details can be found on nj.gov/njwell. Horizon Blue Cross Blue Shield of New Jersey is an independent licensee of the Blue Cross Blue Shield Association. The Blue Cross® and Blue Shield® names and symbols are registered marks of the Blue Cross Blue Shield Association. The Horizon® name and symbols are registered marks of Horizon Blue Cross Blue Shield of New Jersey. © 2023 Horizon Blue Cross Blue Shield of New Jersey. Three Penn Plaza East, Newark, New Jersey 07105.

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