



Plant-Based Diet

Join Health Educator, Rachel Lendner for this educational webinar that discusses how a balanced, plant-based diet can improve your health and wellness.

Plant-Based Diet
Wednesday, June 12
12 p.m. - 1 p.m.

Register Now

Space is limited.

Questions?

Member Services Has the Answers. Call 1-800-414-SHBP (7427).

