



Relieving Minor Ailments at Home: Over-the-Counter Drugs and Traditional Home Remedies

Health expert Rachel Lendner will discuss the facts on OTC medications and effective at-home symptom relievers.

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Wednesday, July 16

12 p.m. - 1 p.m.

[Register Now](#)

Space is limited.

Questions?

Member Services Has the Answers. Call 1-800-414-SHBP (7427).

