That's why we encourage you to take full advantage of your health plan benefits — including your $0 flu shot¹.

COVID-19 and the flu have similar symptoms, including fever, chills, cough, sore throat, runny nose and body aches — so it's best to get protected. Trust your Sanitas care team to ensure you and your family stay healthy this flu season.

To get your free flu shot, just stop by any Sanitas Medical Center location or call 1-866-645-5997 to schedule an appointment.

¹While supplies last.

For more information about Sanitas, visit mysanitas.com/nj/shbpdpdc.
Services at a glance

Primary Care
- Annual health exams
- Preventive tests
- Vaccinations
- Treatment for chronic conditions

Urgent Care
- Illness
- Infection
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures

Lab work and Imaging
- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more

Virtual Care
- Secure video, phone and text messaging
- Wellness visits
- Follow-up care
- Chronic condition management

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Virtual care

Good advice whenever and wherever you need it

**mySanitas Chat app**

The mySanitas Chat app is where you can get unlimited real-time help in minutes—for quick medical questions or concerns.

**Telehealth**

Video doctor appointments for any need—preventive care, checkups or management of health conditions.

Some common issues we can help with:

- Minor injuries
- Medications not working
- Cough/sore throat
- Consultation before going to the ER